

**First Sunday of
LENT**
March 1, 2020



CHRIST THE KING PARISH

ROMAN CATHOLIC CHURCH

SACRAMENTAL LIFE

Eucharist:

Mass: Mon-Fri: 7:30am

Sat. Vigil: 4:00pm

Sunday: 8:00am &
10:30am

Reconciliation : (Confession)

Saturday: 3:00pm -
3:30pm and *anytime* by
appointment.

Anointing of the Sick : (& Ministry to the Sick)

Call the rectory anytime a
person is sick and would
like anointing or a visit

Baptism:

Please call our parish
office to arrange pre-
Baptismal instruction and
the time of the ceremony.

Holy Orders:

Contact Fr. Joe Ashe or
Fr. Walter Nagle, 860 434
1660, if you want to *learn
more about becoming a
priest or deacon*, or,
contact Fr. Greg Galvin,
Vocations Office:
860 887 9294.

Matrimony:

Preparation for marriage
must begin at least six
months before actual
ceremony. Please call our
parish office.

Confirmation:

Confirmation preparation
begins in the 9th grade
and the sacrament is
received in the 10th grade.
Adults can join the RCIA.

Holy Days of Obligation:

7:30am & 6:30pm
(No evening Mass the day
before the Holy Day.)

The Rosary is prayed
Tuesdays at 4:30pm.

Sexual Misconduct Services:
800-624-7407



1ST SUNDAY OF LENT

Then the devil took Jesus up to a very high mountain, and showed him all the
kingdoms of the world in their magnificence, and he said to him, "All these I shall
give to you, if you will prostrate yourself and worship me." - Mt 4:8-9

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 ©CD

©LPI

Website: christthekingchurch.net

E-mail: ctkoldlyme@aol.com

Office: 860-434-1669 fax: 860-434-7140 (open M-F 8:30am-3:30pm)

Fr. Joseph Ashe, Pastor; Fr. Walter Nagle, Parochial Vicar #860-434-1660 (rectory)

STAFF: Mrs. Louise Young, *Pastoral Associate & Director of Faith Formation* 860-434-9873

Mr. William J. Thomas, *Director of Music*

Ms. Sulma Garcia, *Church Cleaning & Rectory Housekeeper*

Mrs. Margaret Kuhn, *part-time Secretary*

Mr. Emil (Sonny) Schrafft, *part-time Maintenance*

PARISH COUNCIL: Kevin Hogan-chair, John Torrenti, Lauren Ghirasoli, Ron Paine, Will
Clinton, Dorothy Paine, Director of Music, Pastoral Associate, DRE (designee), Parish Trustees

FINANCE COUNCIL: John Smith-chair, Meg Kolb, Al Page, Jean Wilczynski, Bob Whitcomb

PARISH TRUSTEES: Richard Torrenti and Marilyn Clarke

Winter Weather

*If there is a school cancellation or delay
due to snow, morning Mass
will be celebrated at 12:00pm noon.*

MASS Schedule this Week

Sat. Feb. 29

4:00pm *Deceased Members of the Capasso, Piersa
and Biondo Families*

SUNDAY March 1st FIRST SUNDAY OF LENT

8:00am *Dominic Dowgewicz r/b the Shedlosky Family*

10:30am *Richard & Josephine Dell'Erbo r/b their family
Dyanne Oeschger Harmon r/b her parents*

Mon. March 2

7:30am *For the intentions of Sandra Kasavage r/b Jules
Sciocchetti*

Tues. March 3

7:30am *Healing for Barbara*

Wed. March 4

7:30am *Pete Lesser r/b Jules Sciocchetti*

Thurs. March 5

7:30am *Robert & Marguerite Graves*

6:00pm *For the parishioners of Christ the King*

Fri. March 6

7:30am *Rick Rubelmann r/b his sister and family*

Sat. March 7

4:00pm *John Kwasniewski*

SUNDAY March 8th SECOND SUNDAY OF LENT

8:00am *Nancy Stark*

10:30am *Salvatore J. Osso Jr. r/b his family
Debra A. Gregorash r/b a friend of the family*

*The Sanctuary Lamp this week
will be lit for Rick Rubelmann*



GOSPEL MEDITATION

Matthew 4:1-11

Life can easily spin us out of control. While there are so many wonderful opportunities before us, we can also get easily distracted and exhausted. There is always something to do, respond to, or check. The clutter of our lives can take us off course, and the best remedy for getting back on track is the experience of the desert. Here we can face our demons square on, resist them, and get back on course. We desperately need the season of Lent. This simple time of year forces us into greater awareness and grounds us in what is good and true.

What weighs you down and keeps you trapped? Maybe you are trying to do too much and please too many people. It could be that your fragile self-image is always pushing you to prove yourself and find success. Anxiety and worry, ultimately due to a lack of faith, can quickly tempt you with despair. It could be that you are listening to too many voices and allowing all of the negativity that is present erode the genuine goodness in your heart and in all of God's creation. Or maybe you struggle too much with fear. Perhaps so much so that you are far too preoccupied with your own agenda and goals and left with little psychological or spiritual room to consider and respond to the plight of your neighbor. Do anger, bitterness, stubbornness, and hatred have homes in your heart? How about greed, gluttony, pride, apathy, or lust?

For many, their passions and what can be found on the internet are their downfall, and they are robbed of their inner life and freedom. What is it, specifically, that tempts you away from a childlike trust in God? Define this and use the next few weeks to allow God to chart you a course away from them. Silence, being alone, grace, honesty, struggle, tears, and dryness are all found in the desert. You will also find God and your true self in this holy place. Ready to go?

LPi

Readings for the week of March 1, 2020

Sunday: Gn 2:7-9; 3:1-7/Ps 51:3-4, 5-6, 12-13, 17 [cf. 3a]/Rom 5:12-19 or 5:12, 17-19/Mt 4:1-11

Monday: Lv 19:1-2, 11-18/Ps 19:8, 9, 10, 15
[Jn 6:63b]/Mt 25:31-46

Tuesday: Is 55:10-11/Ps 34:4-5, 6-7, 16-17, 18-19
[18b]/Mt 6:7-15

Wednesday: Jon 3:1-10/Ps 51:3-4, 12-13, 18-19 [19b]/Lk 11:29-32

Thursday: Est C:12, 14-16, 23-25/Ps 138:1-2ab, 2cde-3, 7c-8 [3a]/Mt 7:7-12

Friday: Ez 18:21-28/Ps 130:1-2, 3-4, 5-7a, 7bc-8 [3]/Mt 5:20-26

Saturday: Dt 26:16-19/Ps 119:1-2, 4-5, 7-8 [1b]/Mt 5:43-48

Next Sunday: Gn 12:1-4a/Ps 33:4-5, 18-19, 20, 22 [22]/Tm 1:8b-10/Mt 17:1-9



SCRIPTURE QUESTIONS OF THE WEEK

First Reading

The story of the Garden of Eden reveals that humanity's first sin against God was that of disobedience. In what areas of your life do you struggle to obey God?

Second Reading

Paul saw Jesus' obedience not only as reversing the disobedience of Adam, but also bestowing upon believers righteous and eternal life. What do you find most interesting about this revelation from Paul?

Gospel Reading

Jesus resisted the devil's temptations by remaining focused on his fidelity to the Father. What temptations are you willing to confront during the season of Lent?

relevant
550AM radio
relevantradio.com



MONTHLY DIOCESAN PRO-LIFE MASS

Saturday, March 7, 2020, 8:30am

at St. Patrick Cathedral, Norwich

Pray for the pre-born, the sanctity of *all* human life, and *healing for all* who, because of abortion, have suffered. **Join Fr. Walter Nagle, celebrant.**

The Power of Prayer is Endless.



Welcome women of all ages! ***Our Tapestry of Faith:*** ***Affirming Feminine Gifts*** ***and Strengths***

Keynote Speaker
Danielle Bean



Author of ...
You Are Enough: What Women of the Bible Teach You About Your Mission and Worth

10th Annual Norwich

Women's Conference

Co-sponsored by: Office of Faith Events and Norwich Diocesan Council of Catholic Women

**Saturday, March 28,
2020, 9 am-3 pm**



**St. Bernard School,
Uncasville, CT**



Afternoon Workshop Options

- 1- Faith & Family
- 2- Women of the Bible
- 3- Prayer Always/ All Ways
- 4- Mary Not A Gentle Woman
- 5- Our Sisters' Stories
- 6- Faith Sharing

Mass celebrated by
Bishop Michael Cote
- Reconciliation
and adoration

Registration Fee: (includes lunch*)

By February 21, 2019... \$30

After February 22, 2019 \$40

Students \$20

Religious are free!

Deadline for registration March 13, 2020

No refunds or event transfers

Please bring a canned good for those in need!

Gluten Free lunch option will be available

Babies in arms welcome!

February 24- March 2, BUY one ticket get the 2nd HALF PRICE

Register online at www.norwichdiocese.org

Or contact Office of Faith Events, 199 Broadway, Norwich, CT, 06360
860-848-2237 ext. 304

See the parish office box in hallway for registration forms.

LENT at our Parish

- **Stations of the Cross: Fridays at 7:00PM**
- **Morning Mass: Monday - Friday at 7:30AM**
- **Evening Mass: Thursdays at 6:00PM**
- **Soup Supper: Thursdays after the 6PM Mass**
- **The "Little Black Book" Lenten Devotional – pick up a copy in the narthex**
- **"Best Lent Ever" - free email inspiration. DynamicCatholic.com/best-lent-ever**
- **CRS Rice Bowl - get one in the narthex**
- **Reconciliation (Confession):**
 - **Saturdays 3-3:30pm at CTK**
 - **"Mercy of God" in our Deanery:**
Fri. 3/20 11am - 5pm & Sat., 8am - 2pm
@ Our Lady of Sorrows, Essex

St. Patrick's Day *Dinner*

Saturday, March 14, 2020

6:00PM (after the Vigil Mass)

Our Lady of Good Counsel Hall

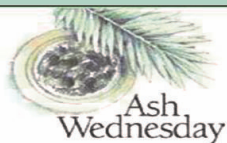
Tickets: \$20, ages 5-12: \$10

On sale in the narthex or Parish Office

Ash Wednesday is the first day of Lent: 40 days dedicated to prayer, fasting, and reflection in preparation for the great celebration of Christ's Paschal Mystery in the Easter Triduum.

We pray that this day marks the beginning of your spiritual renewal. If we can help you with prayers or resources during this Lenten Season please contact us at 860-848-2237, ext. 312 or at faithevents@norwichdiocese.net.

God's blessings and peace, Andrea, Liza, Marianne and Mary-Jo,
Office of Faith Events, Diocese of Norwich



Dear Lord, As we enter
this Solemn and Holy
Season, we pray that
you would send your
Holy Spirit upon us that
we might prepare ourselves
for these coming 40 days of Lent.

Even though we may no longer wear sackcloth
and ashes, we do seek to humble ourselves so
that we can understand the magnificence of Your
Love for us as You humbled Yourself and gave Your
Life on the Cross that we might receive the gift of
Eternal Glory with You. AMEN.

jucoolimages.com

Sanctuary Candle Beginning this month, the
Sanctuary Candle may be reserved on a **weekly** basis in
memory of and to honor a loved one.



Regularly scheduled parish events:

Children's Choir	Tuesday 6:15pm
Adult Choir	Tuesday 7:30pm
Eucharistic Adoration	M-F 6:15-7:15am
'God Squad' Prayer Group	M-F mornings after 7:30am mass
Rosary	Tuesday 4:30 pm
Men's Club	1 st Thursday 6:00pm
Holy Trinity Pro-Life Group	1 st Wednesday 7:00pm
Small Christian Community (scripture sharing)	Wednesday 7:00pm
Bible Study (for all)	Thursday 9:00am
Women's Bible Study	Wednesday 9:30am
Parish Pot Luck Supper	last Friday of month 6:00pm
Shoreline Soup Kitchen <u>Sign-up</u>	2nd Sun, even months
Shoreline Soup Kitchen <u>Serve</u> (Sat. breakfast)	3rd Sat, even months
N.L. Soup Kitchen <u>Sign-up</u>	1st Sun, odd months
N.L. Soup Kitchen <u>Serve</u> (Sun. Supper)	2nd Sun, odd months

Lenten Message, 2020

“At that time Jesus was led by the Spirit into the desert to be tempted by the devil. He fasted for forty days and forty nights, and afterwards he was hungry.” Matthew 4:1-2

Dear Brothers and Sisters in the Lord,

The Gospel proclaimed on the First Sunday of Lent each year always takes us into the desert with the Lord Jesus. This is intentional. As with so many of our Catholic traditions and rituals, our annual observance of Lent is intimately tied to Sacred Scripture. The journey of our Blessed Lord into the desert for forty days and nights provides not only the inspiration, but also a model for our own forty-day observance of Lent.

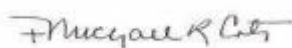
Following His baptism in the Jordan River, Jesus went out into the desert for, what we could call today, a forty-day retreat. He ventured into the Judean wilderness, away from the ordinary, everyday distractions of His life in order to be more recollected and focused. The length of time is significant. The number forty, as with many other numbers that occur in Scripture, has a symbolic meaning and signifies a period of preparation. For example: the rain fell upon the earth for forty days and nights in preparation for a renewal of humanity and deepening of God's covenant with Noah; Moses fasted for forty days on Mount Sinai in preparation for receiving the Ten Commandments; the people of Israel wandered through the desert for forty years in preparation for their entry into the Promised Land – and there are many other such examples in both the Old and New Testaments. In this case, Jesus goes into the desert for forty days and nights to prepare spiritually for His public ministry of preaching and healing.

During this period, the Lord prepared by fasting as well as by entering into intense prayer and communion with God the Father. Both of these spiritual practices can help bring us closer to God and know His will; they deepen our understanding of the particular mission entrusted to us by God and strengthen our resolve to accomplish it. It was also during this time, however, that the Lord was tempted by Satan. The goal of the devil is always to tempt us to turn away from God and His divine plan. Thus, the devil tested the Lord and His dedication to His evangelical mission, by appealing to three common areas of weakness for us as humans: His physical hunger after a period of fasting, to the human desire for power, and to the human tendency to put God to the test. Despite his tricks, the Lord resisted Satan by reflecting on the very truth and power of God's Word which He cited in response to each temptation.

This very brief reflection on the time the Lord spent in the wilderness shows us that, as we go out into the desert of this Lent and try to draw closer to God through our own efforts at prayer, fasting and works of charity, our purpose during this season is to not only deepen our relationship with God, but to come to an awareness of, and fuller participation in the mission that God has entrusted uniquely to us. We must likewise acknowledge that Satan wants to prevent this and that he will try to distract or discourage us. But, if we allow ourselves to be nourished on and strengthened by God's Holy Word; if we seek out the power of His grace available to us through the Sacraments, especially confession and the worthy reception of our Lord in Holy Communion, we too will be able to withstand whatever temptations we may face. Then, we will emerge from this Lent better prepared, not just for the celebration of Easter, but also to live our mission to give witness to the Gospel and, most importantly, for eternal life with God and the Saints in Heaven.

God bless you and may you have a Holy Lent.

Sincerely yours in Christ,



Bishop of Norwich

Patrick Matthew Crawley, son of David and Jacqueline was baptized here on February 23, 2020.



Frederick James Chard, V, son of Frederick IV and Sarah was baptized here on December 28, 2019. We joyfully welcome them to the family of God at Christ the King Parish. Alleluia!



CTK Prayer Line

To request prayers for *any* intention, need, or in thanksgiving, please call Michele, 860-434-8529.

OUR PARISH SUPPORT:

	This Year	Last Year(2019)
Feb. 23, 2020	\$ 7,618.76	\$ 8,049.91

Thank You for your generosity!

MACHNIK BROTHERS, INC.

GENERAL CONTRACTOR
OVER 40 YEARS
EXPERIENCE
860-434-1330

ROGER CRAMPTON
PLUMBING | HEATING | AIR CONDITIONING
NEW INSTALLATIONS OR REPAIRS



Boilers, Water Heaters,
Well Pumps, Well Tanks,
Water Filtration, Faucets,
Leaking Pipes, Gas Piping

860-434-2200
www.RogerCramptonLLC.com
Fully Insured CT lic # P1-204812



LAURIE WALKER
Realtor for over 25 years
(860) 227-5571 Cell
laurie.walker@cbmoves.com

Brodeur & Company, CPAs, PC

Providing quality service
for over 40 years

P.O. Box 164, Old Saybrook, CT
860-388-4627

www.brodeurcpa.com

Tax • Estate • Trust Planning
First Hour of Consultation Free

Pasta Vita

"THE PLACE TO GO
FOR GOURMET TO GO"

Run By Two Good Catholic Boys

Open Mon-Fri 8-6 Saturday 8-5:30

Sunday 9am - 3pm

225 Elm Street, Old Saybrook

860-395-1452 • www.PastaVita.com

John Sicuranza
Owner/ Electrician

Sicuranza Electric LLC

SOUTH LYME, CT 06376

Cell - 860-705-6853

Office - 860-434-4343

Email - seco4343@aol.com

Web Site - www.Sicuranza-Electric.com
CT LIC. # 123441

**AVAILABLE
FOR A LIMITED TIME**

**ADVERTISE YOUR
BUSINESS HERE**

Contact **Lisa Elliott** to place an ad today!
lelliott@4LPi.com or (800) 477-4574 x6284



Quality • Integrity
Experience

Building & Remodeling
Since 1986

44 Pond Road
Old Saybrook

Phone: (860) 388-9226



PENNYWISE
Premium Home Heating Oil & Service

35 WESTBROOK
INDUSTRIAL PARK ROAD
WESTBROOK, CT 06498

- 24 Hour Service • Price Protection/Budget Plans
- Air Conditioning & Ductwork • Automatic Delivery
- Service Contracts • Gas Conversions
- Tank Removal • Heating & Cooling Installations

860-399-8244 • 860-669-8234

CT LICENSE #308743 HOD 416

Exencial
Wealth Advisors

Providing Principled,
Personalized Planning &
Disciplined Investment
Management



Jean Wilczynski, CFP® jwilczynski@ExencialWealth.com
860.434.5999 • 888.434.5999
www.ExencialWealth.com

Investment Advisory Services offered through Exencial Wealth
Advisors, a SEC-Registered Investment Advisor.

Martha Q.
REALTOR



Martha.Quaratella@CBmoves.com

Call/Text **860-227-7611**

www.marthaquaratella.com



Longtime Parishioner

THE COLLECTORS COIN SHOPPE

All Types of U.S. & Foreign Coins
Paper Money & Supplies

**BOUGHT • SOLD
TRADED • APPRAISED**

No Collection Too Large or Too Small
Private Mint Issues • Sterling Silver
Old Gold & Silver Jewelry • Watches
• Diamonds • All Other Collectibles
Smaller than a Bread Box

**390 Main St., Niantic
739-3995**

catholicmatch®
Connecticut



CatholicMatch.com/CT



Thomas L. Neilan & Sons
Funeral Homes
Family Owned & Operated
"Guiding you through difficult times"

Neilan Funeral Homes

12 Ocean Avenue
New London, CT 06320

48 Grand Street
Niantic, CT 06357

860.443.1871

www.neilanfuneralhome.com

Investing with Catholic Values



June D. Strunk, CFP®
Executive Vice President
Financial Advisor
NMLS # 1339285



Trusted Advisors for Generations

Shane F. O'Brien
First Vice President
Wealth Management
Financial Advisor
NMLS # 1339285



860-245-2090 • www.mysticharborgroup.com



HomeCare Services
of Connecticut

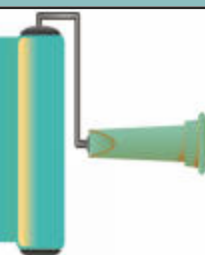
Hourly or live-in care all based around your budget needs.
Weekly plans from \$119.95

- Loving Companionship • Meals Preparations • Light housekeeping & Laundry
- Shopping & Errands • Hygiene Assistance • Medication Reminders • Transportation

860.395.9595 | HomeCareServicesofConnecticut.com

Serving South East CT | Reg# HCA-0000498 Bonded - Insured

**SUPPORT THE ADVERTISERS
THAT SUPPORT OUR COMMUNITY**





Wayne E Devoe, CFP®
Wealth Management Advisor
27 Coogan Blvd, Suite 22B
Mystic, CT 06355
860-405-2013

S.D. HALLAHAN HOUSEWRIGHT INC.

RESTORATIONS | ARCHITECTURAL WOODWORK
BUILDING & DESIGN

1250 BOSTON POST RD, OLD SAYBROOK, CT 06475
860-388-1564 | www.SDHousewright.com

Remodeling
New Construction
Cabinetry
Repairs

Ralph H. Skaar
434-3081

References Insured
CT Reg #520090

SHORELINE MEMORIALS

**Monuments • Markers
Cemetery Inscriptions
Monument Cleaning**

860-434-8503

www.shorelinememorials.com

The Fulton Family, Owners



FUEL OILS, PLUMBING & HEATING
Serving the Lower River Valley Since 1924

P-203832 **860-873-8454** S-303213

www.mausandson.com
CT Heating Oil Dealer #252

CLUFF CARPET ONE FLOOR & HOME

The **ONE** store for your perfect floor.®

118 Cross Road, Waterford, CT 06385

Tel: 860-447-0383

CT State Lic. #545566

Cluffs.carpet@snet.net • www.CarpetOne.com

Helping Families Plan for Generations

FULTON-THEROUX FUNERAL SERVICE

Beckwith Lane, Old Lyme

860-434-1658

JOSEPH N. FULTON • NICHOLAS J. FULTON • JONATHAN M. WHITE



"Good Food, Good Times, Good Company"
Lunch & Dinner, 7 Days / 11 a.m. - 10 p.m.
Sunday Breakfast / 10-3

Your Hosts, The Caramantes
In the Courtyard | Old Lyme Shopping Center, Old Lyme
(860) 434-1455 | (860) 434-3335



WE'RE HIRING AD SALES EXECUTIVES



- Full Time Position with Benefits
- Sales Experience Preferred
- Paid Training
- Overnight Travel Required
- Expense Reimbursement

CONTACT US AT

careers@4LPi.com • www.4LPi.com/careers



GLOBAL
LUXURY



NANCY BIRGE, ABR
LUXURY PROPERTY SPECIALIST
INTERNATIONAL STERLING SOCIETY

860-227-2406

www.NancyBirge.com

Nancy.Birge@CBMoves.com

INTEGRITY
PROFESSIONALISM
EXPERIENCE

The Tire Store, LLC

We Now Do Alignments

860.739.5627

127 Boston Post Road • East Lyme CT

Mon. - Fri. 8am - 5pm

Sat. 8am - 1pm | Sun. Closed

Serving Our Community

For 25 Years

thetirestorellc.com



*Deli & Café | Ready Made Meals
Country Market | Weddings & Special
Celebrations | Corporate Functions
Hampers & Gifts*



860.434.1877

169 Boston Post Rd, Old Lyme
coffeescountrymarket.com

PROTECTING SENIORS NATIONWIDE MEDICAL ALERT SYSTEM



\$29.95/MO

BILLED QUARTERLY

PLUS
SPECIAL
OFFER

CALL NOW! 1.877.801.7772

WWW.24-7MEDALARM.COM

NEVER MISS A BULLETIN !

Sign up to have our
weekly parish bulletin
emailed to you at

www.parishesonline.com



HELP PROTECT YOUR FAMILY & HOME

CALL NOW! 1-888-862-6429



Famiglietti Eye Associates

(860) 739-4811

339 Flanders Road, Suite #109 • East Lyme, CT

Peter J. Famiglietti, M.D.

THIS SPACE IS
AVAILABLE



Ad info. 1-800-477-4574 • Publication Support 1-800-888-4574 • www.4lp.com

Christ the King, Old Lyme, CT

03-0387